

About Accelacare Performance & Wellness

Accelacare Performance & Wellness (P&W) is a branch of Accelacare Physical Therapy, the leading outpatient physical therapy clinic in Garden City, KS, providing top-quality physical therapy to patients from Garden City and surrounding communities.

Accelacare P&W is the premier health, nutrition, and strength & conditioning program in Garden City and across Western Kansas. Current offerings include personalized strength, conditioning, and nutrition services to athletes and community members. Formed in 2023, P&W has offered personal training and nutrition support for local athletes, young professionals, adults aiming to reach their personal goals such as weight-loss or improved 5K times, and older adults looking to get back into shape. P&W also offers group training and dietitian consults in conjunction with local business partnerships.

The goal of our P&W branch is twofold:

1. **Performance** - For athletes, we deliver the training and nutrition advice necessary to perform and compete at an elite level. We achieve this by partnering with local athletic departments and club teams across SW Kansas, developing an in-depth understanding of each athlete's goals and constructing personalized training and nutrition programs for them. To make sure athletes from all socioeconomic backgrounds have access to our program, we offer free and paid clinics as well as group training.
2. **Wellness** - For non-athlete community members in SW Kansas looking to improve their quality of life, we share nutrition and exercise expertise to help them live longer, healthier, and more productive lives. We achieve this by partnering with local businesses and government institutions which will allow us to fund our P&W program so people of all socioeconomic levels can gain information from us. The P&W Dietitian will play a vital role in our vision by being a teacher of health & nutrition information to the community.

Compensation and Benefits

- Part time position - flexible schedule to meet both the RD's and community members' needs
- Option for remote position
 - Eventual interest in relocation to Garden City, KS is a strong plus as the clinic continues to grow and RD job duties expand. Relocation assistance will be available at that time.
- Starting hourly rate of \$30 / hr (negotiable)
- Opportunities for career and salary progression
- Competitive Benefits (offered to full-time employees)
 - Health (medical), Dental Insurance
 - Company 401K contribution of 3%
 - 3 weeks PTO and 10 days of sick leave
- Mentorship resources to support your interests and growth
 - Weekly 1:1 mentorship meetings
 - Opportunities to receive funding for continuing education courses

Responsibilities & Day-to-Day Roles

- Provide 1:1 nutrition counseling to the general population and athletes of all levels
- Provide group nutrition education to youth and adult groups, such as the Garden City Fire Department
- Work with the P&W's Strategy Manager to generate educational social media content
- Host clinics and other events to market Accelacare's P&W's program
- Mentorship and guidance of Accelacare's Strength and Conditioning Coach
 - Weekly meetings with Accelacare's S&C coach to review athlete progress
 - Evaluation of nutrition plans for athletes and other clients
 - Helping the Strength Coach understand client goals and design programs
 - Developing templates and metrics to document client progress

Requirements

- Bachelor's or advanced degree from accredited institution in dietetics, food and nutrition, or similar field
- Valid registration as a Registered Dietitian by the Commission on Dietetic Registration (CDR)
- Licensed Dietitian in the state of Kansas, or ability to obtain upon hire
- Strong interpersonal communication & listening skills
 - Ability to interact positively with clients of all backgrounds
 - Ability to lead group nutrition sessions
- Strong time management skills as client sessions & schedules change
- Ability to adapt and adjust accordingly to client limitations, barriers, or lifestyles within a growing business
- Basic knowledge of Microsoft Word / Google Docs and Excel / Google Sheets